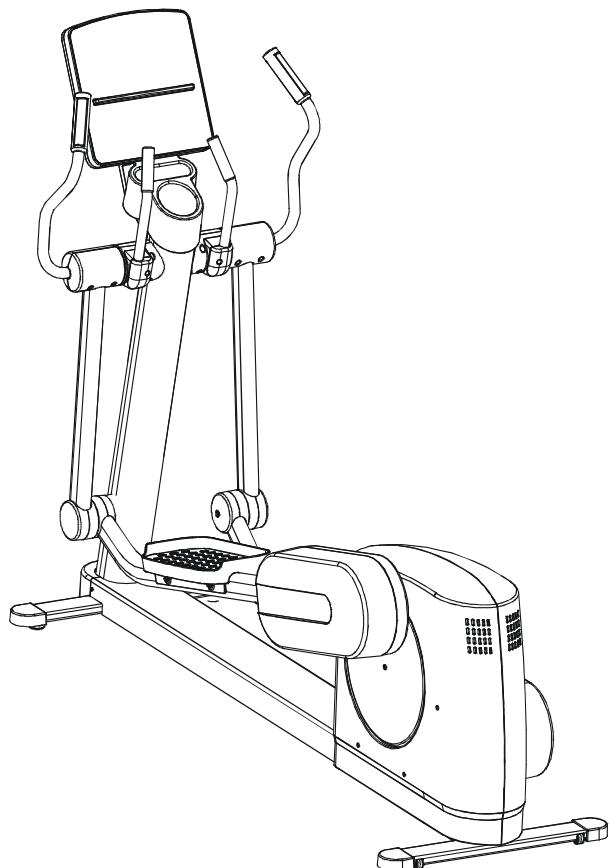
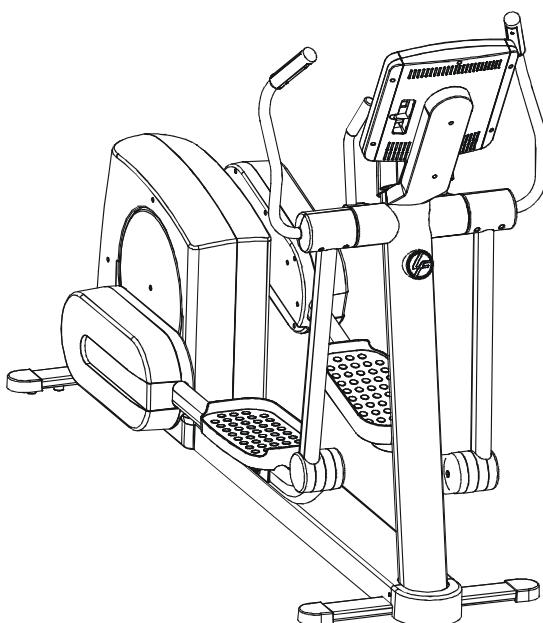


**Lifefitness**

ARCTIC SILVER CROSS-TRAINER 90XW-0XXX-02



**Customer Support Services  
PARTS MANUAL**

revised 30 Jul 2008

**ARCTIC SILVER 90XW**  
**REFERENCES**

**90XW-0XXX-02**  
**S/N AWE100000 and UP**

OPERATION MANUAL	M051-00K62-A111
SERVICE MANUAL	M051-00K62-A060
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	0017-00008-0204 0017-00008-0205 0017-00008-0206
PLUG IN OPTION 120/60	GK62-00002-0018
PLUG IN OPTION 240/50 UK	GK62-00002-0019
PLUG IN OPTION 240v AUS	GK62-00002-0020
PLUG IN OPTION 230/50 CONT	GK62-00002-0021
TELEMETRY KIT	GK63-00002-0002
POWER CABLE W/BRACKET ASSY. ASSEMBLY CONSISTS OF: 1) COAX CABLE 2) POWER EXTENSION CABLE 3) ACCESS PANEL BRACKET 4) F TYPE CONNECTOR 5) PLASTIC GROMMET -(QTY. 2)	AK62-00210-0000 AK32-00020-0002 AK32-00078-0001 0K62-01179-0001 0017-00021-2846 0017-00042-0754
CRANKSHAFT W/BEARINGS KIT	GK62-00002-0028
HARDWARE BAG	AK62-00152-0001

**NOTE: ADDING THE BOLT ON LCD SCREEN TO THE  
90XW-0XXX-02 MAKES THE UNIT A 90XER-0XXX-02.**

**ARCTIC SILVER 90XW**  
**CONTENTS**

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**90XW-0XXX-02**  
**S/N AWE100000 and UP**

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**Note: Telemetry is an option on the 90XW.**

Console Support

AK62-00123-0000

Console Support Cap

0K62-01030-0000

Console Support

Shroud

0K62-01023-0000

Right Bullhorn Cover

0K62-01007-0001

Left Bullhorn Cover

0K62-01008-0001

Right Inside

Deadshaft Cover

0K62-01010-0000

Left Inside

Deadshaft Cover

0K62-01011-0000

2-Front Inside

Deadshaft Cover

0K62-01009-0000

Outside Front

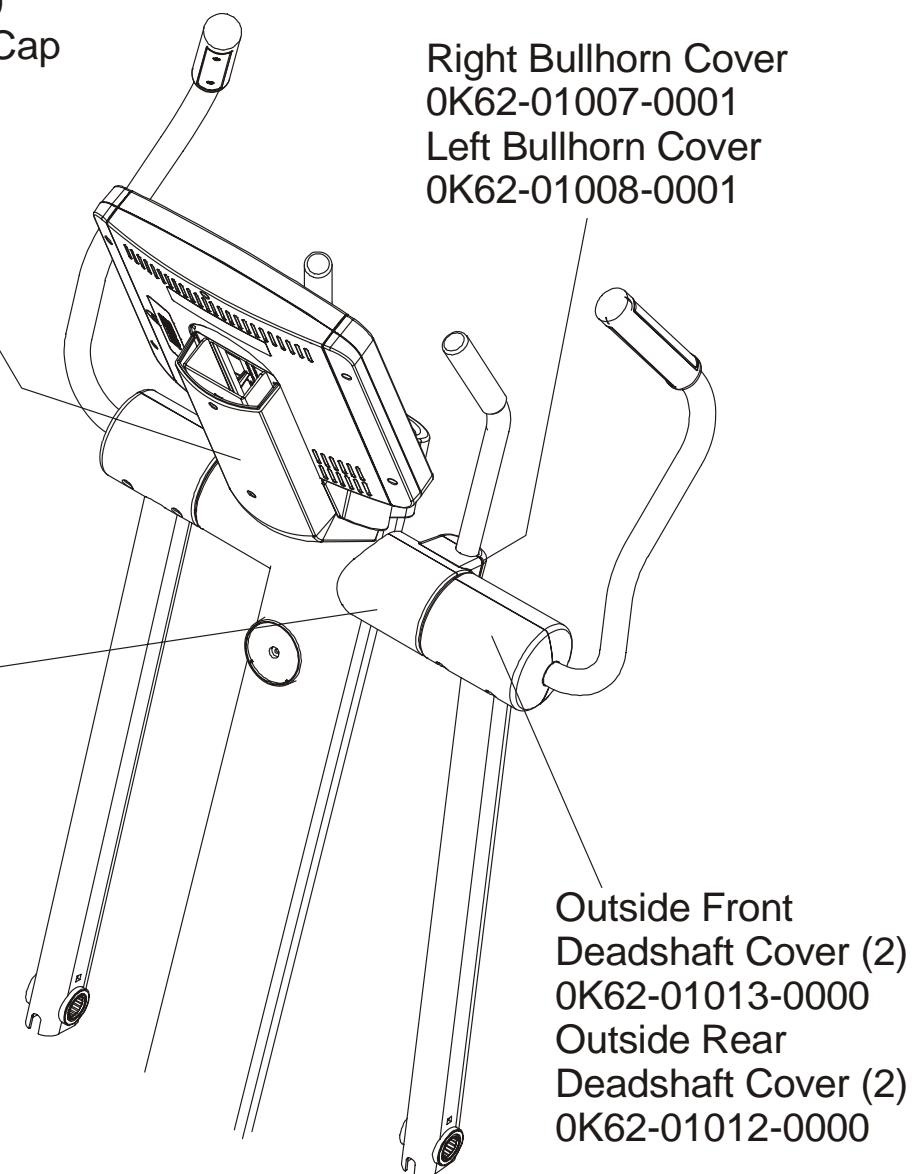
Deadshaft Cover (2)

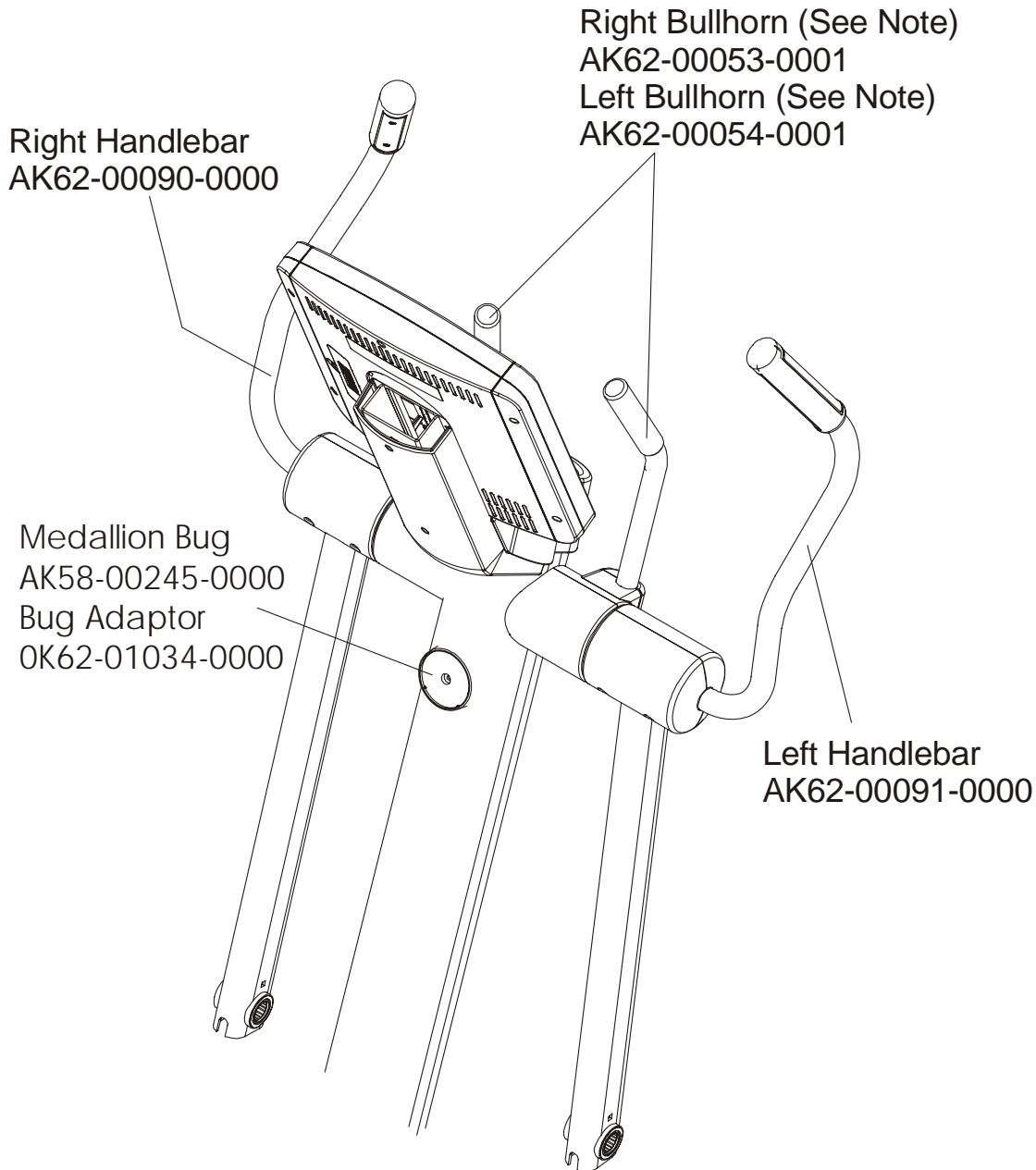
0K62-01013-0000

Outside Rear

Deadshaft Cover (2)

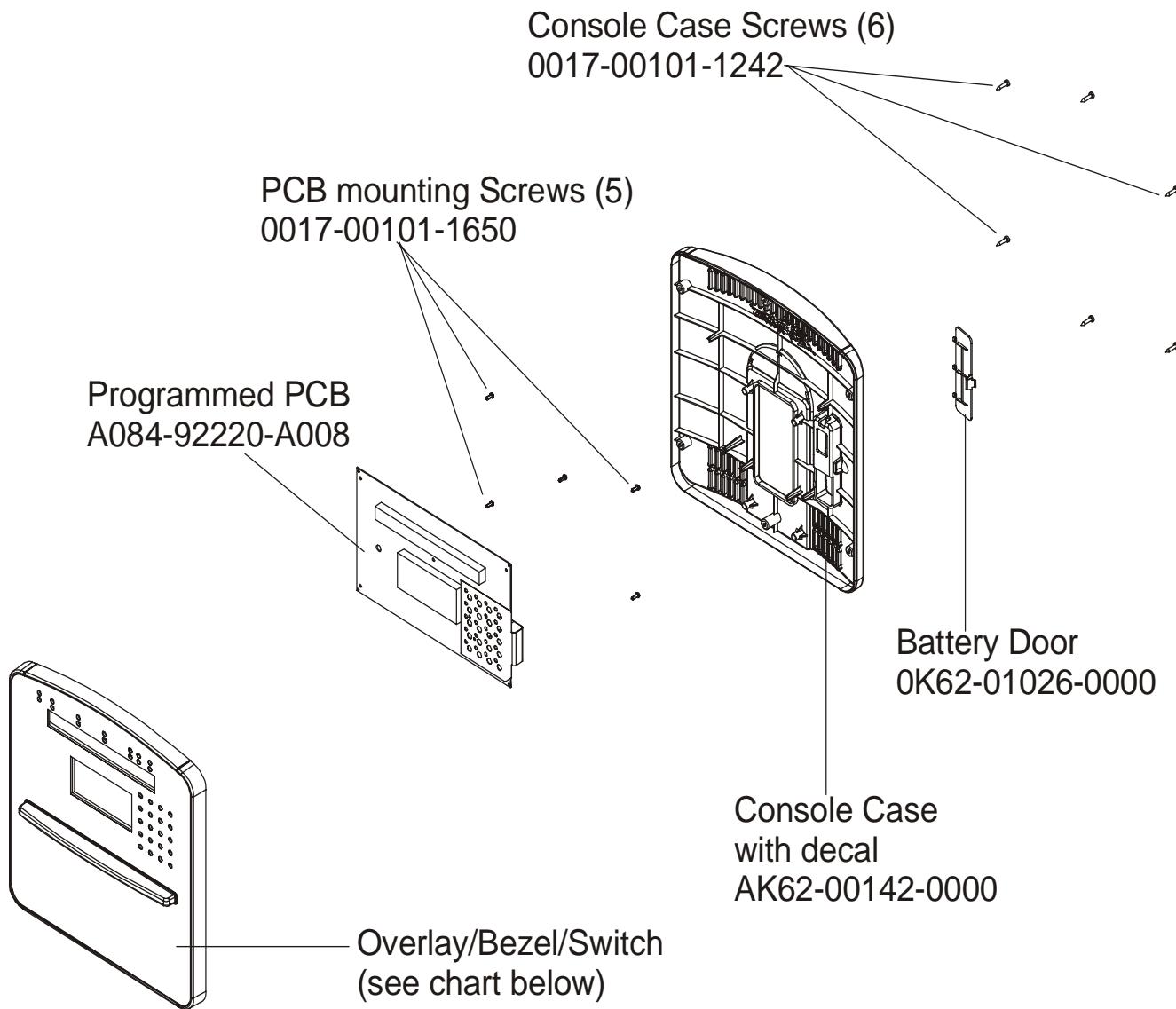
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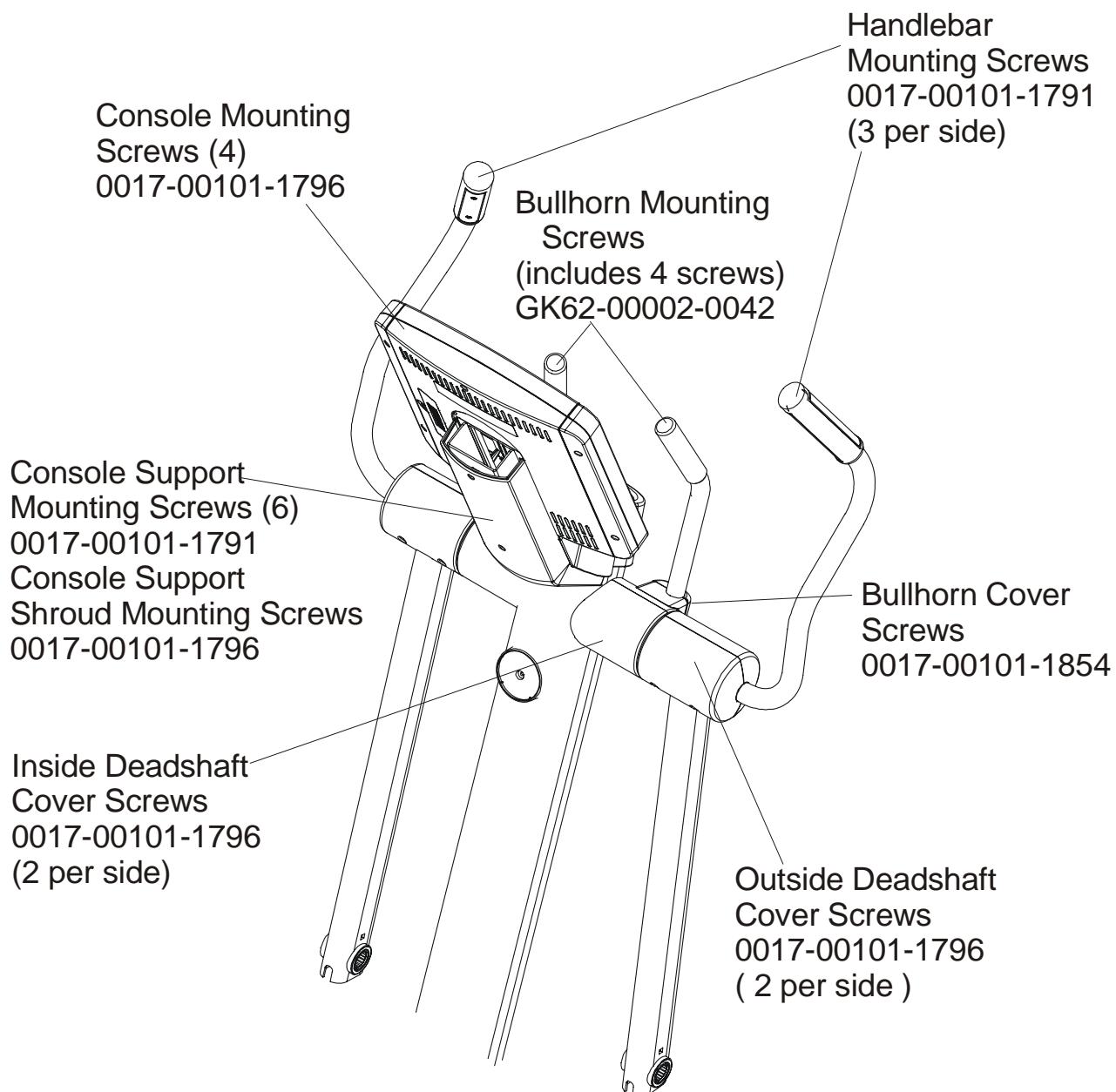
**NOTE:** The Right Bullhorn Assembly consists of: AK62-00057-0001 Bullhorn, 0K62-01136-0000 Grip, and 0K62-01199-0000 Gasket.

**NOTE:** The Left Bullhorn Assembly consists of: AK62-00058-0001 Bullhorn, 0K62-01136-0000 Grip and 0K62-01199-0000 Gasket



<b>CONSOLE</b>	<b>OVERLAY/BEZEL/SWITCH</b>	<b>LANGUAGE</b>
AK62-00151-0001	AK62-00189-0001	Eng + Met
AK62-00151-0003	AK62-00189-0003	Ger/Met
AK62-00151-0004	AK62-00189-0004	Spn/Met
AK62-00151-0006	AK62-00189-0006	Jap/Met
AK62-00151-0007	AK62-00189-0007	Frn/Met
AK62-00151-0008	AK62-00189-0008	Ital/Met
AK62-00151-0009	AK62-00189-0009	Dut/Met
AK62-00151-0010	AK62-00189-0010	Port/Met

Items Not Shown	
Accessory Tray	0K62-01022-0000
Accessory Tray Mounting Screws (2)	0017-00101-1846



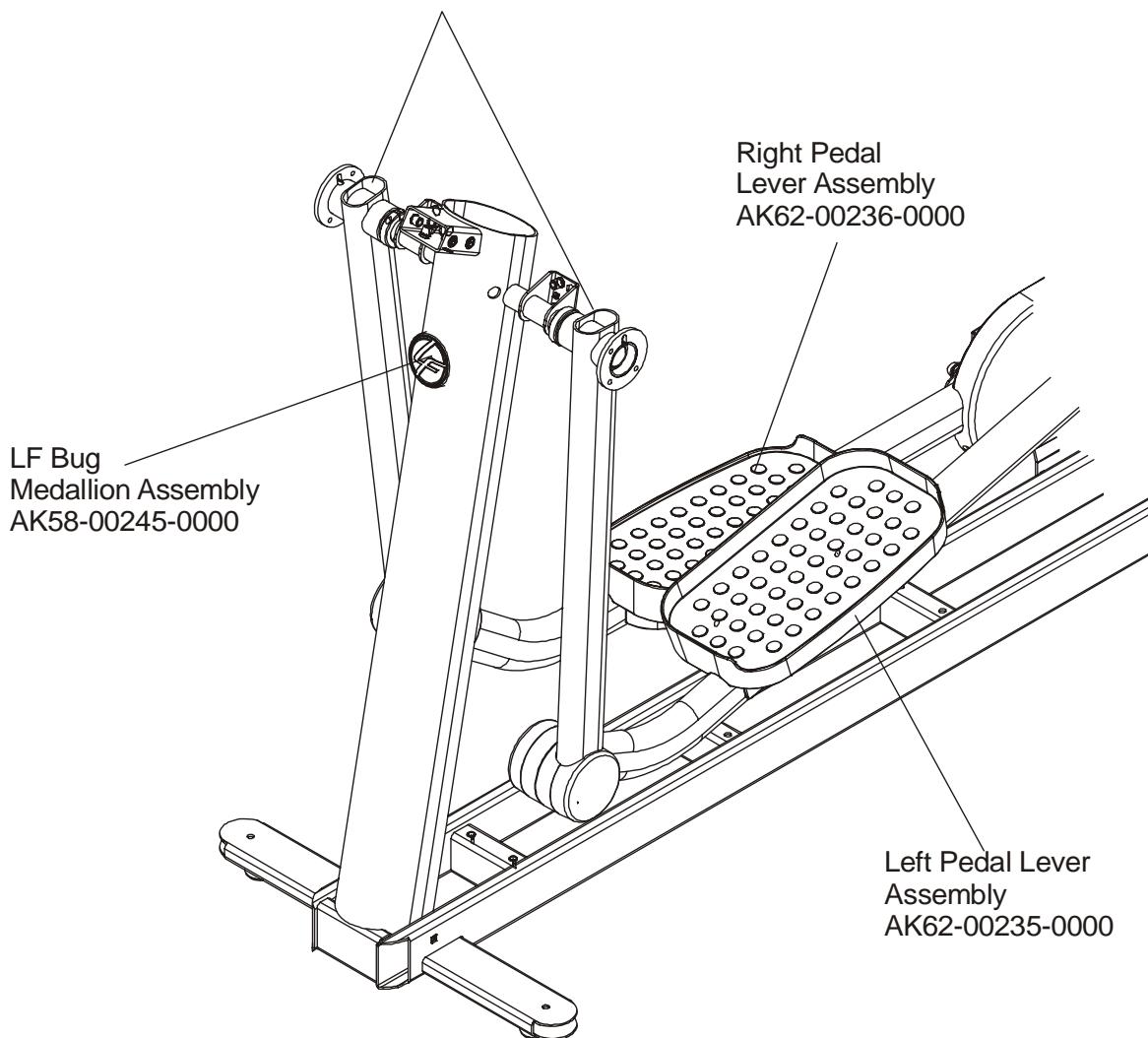
**ARCTIC SILVER 90XW**  
**Rocker Arms & Pedal Levers**

**90XW-0XXX-02**  
**S/N AWE100000 and UP**

Rocker Arms Kit  
GK62-00002-0070  
contents:

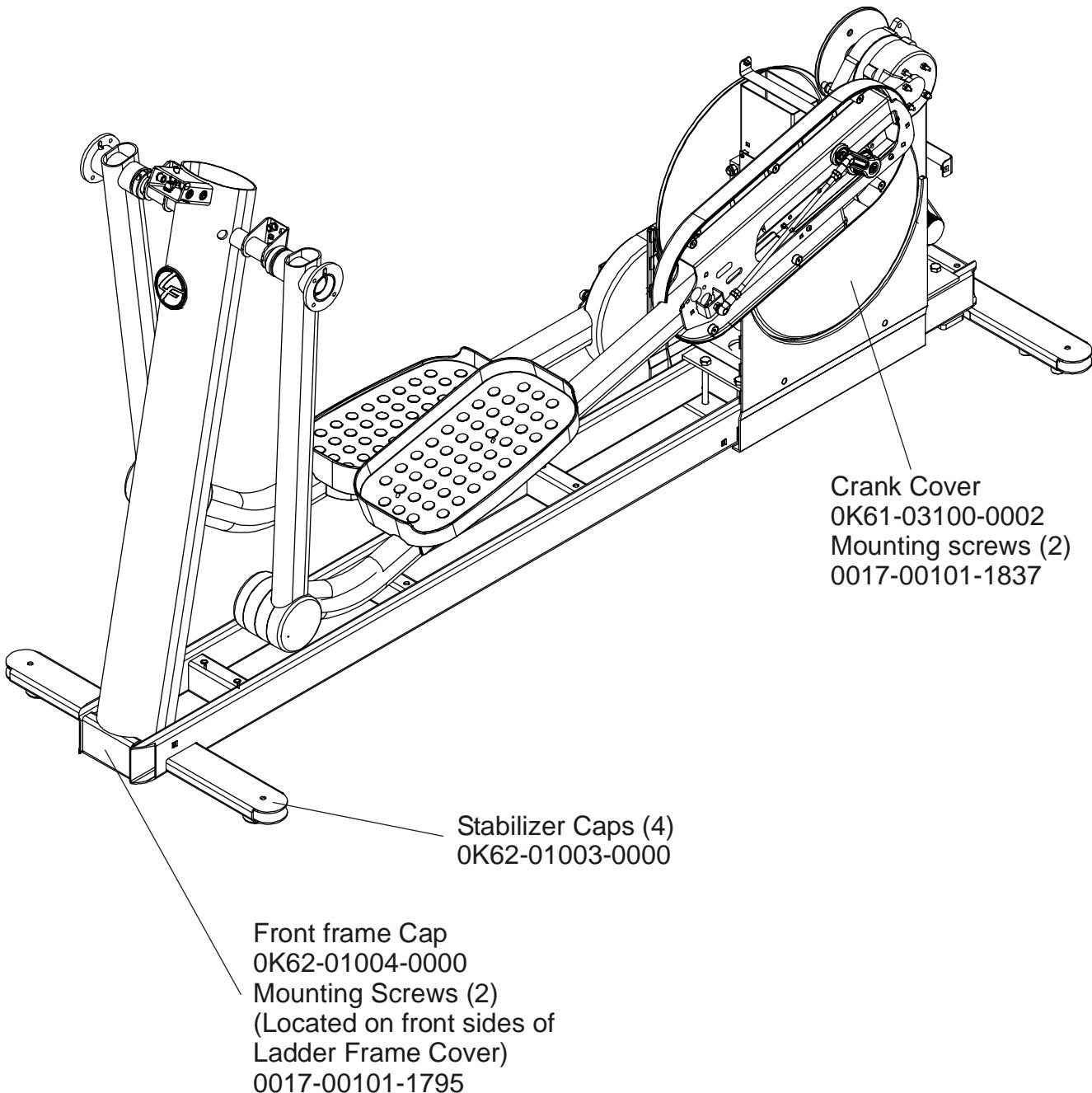
Rocker Arms (2)  
Hardened Spacers (2)  
Oilite Washers (2)  
Retaining Rings (2)  
*Loctite 620*  
Alcohol pad

Rocker Arms  
AK62-00002-0070  
Shaft Collar w/Screws  
OK61-01259-0000



**ARCTIC SILVER 90XW**  
**Crank Cover and Lower Caps**

**90XW-0XXX-02**  
**S/N AWE100000 and UP**

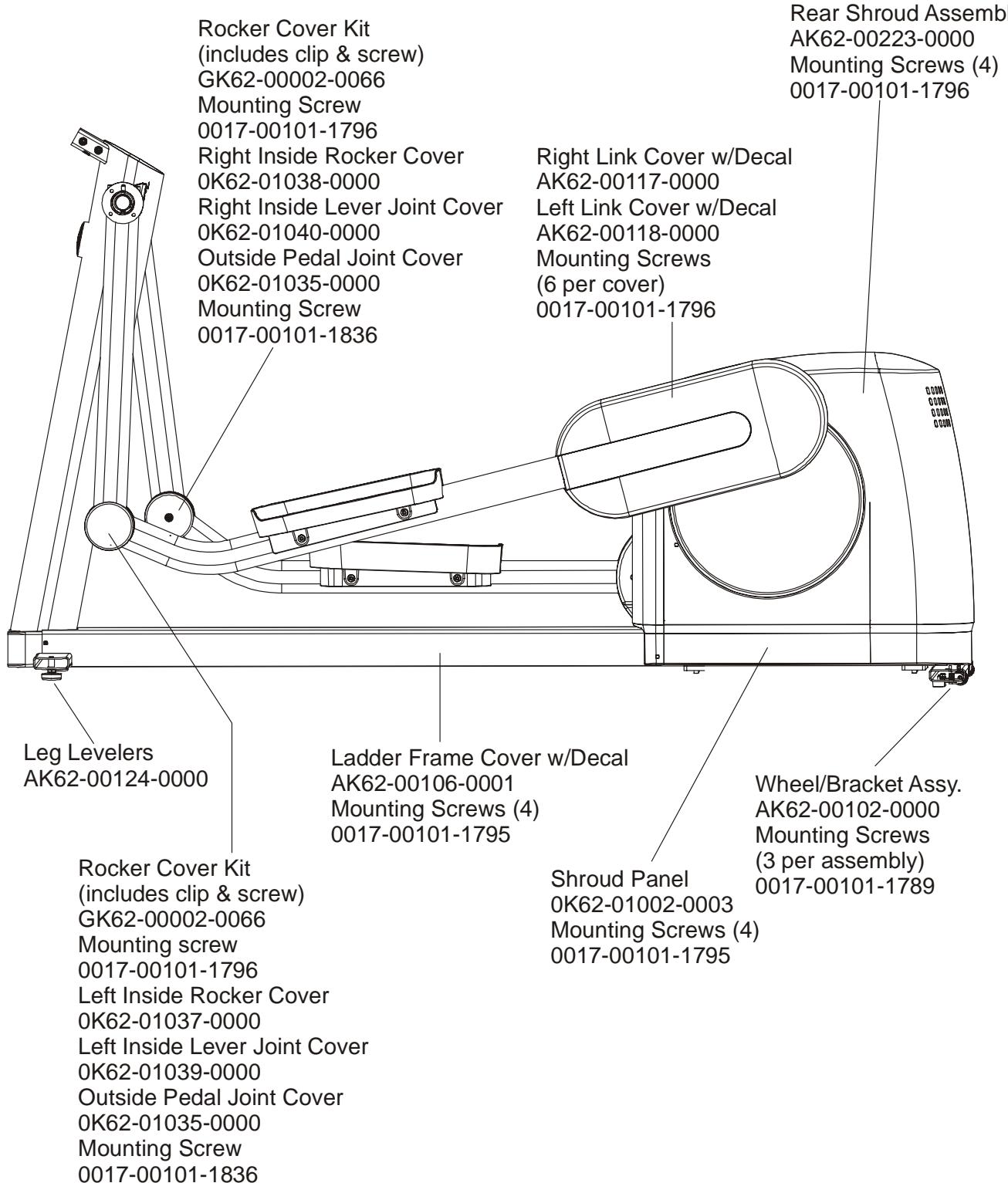


# **ARCTIC SILVER 90XW**

## **Lower Frame Shrouds & Hardware**

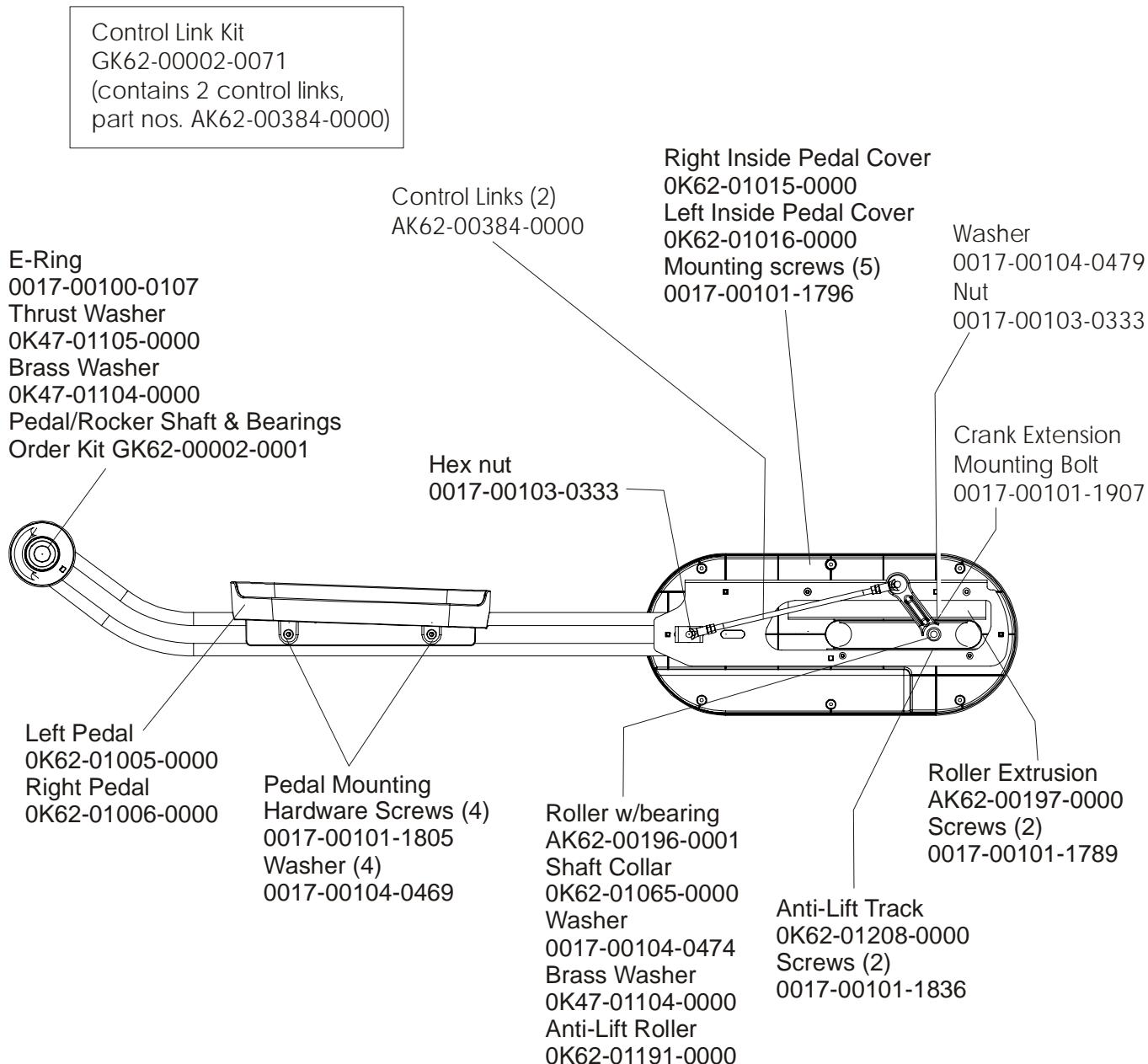
**90XW-0XXX-02**

**S/N AWE100000 and UP**



**ARCTIC SILVER 90XW**  
**Pedal Lever Assembly Components**

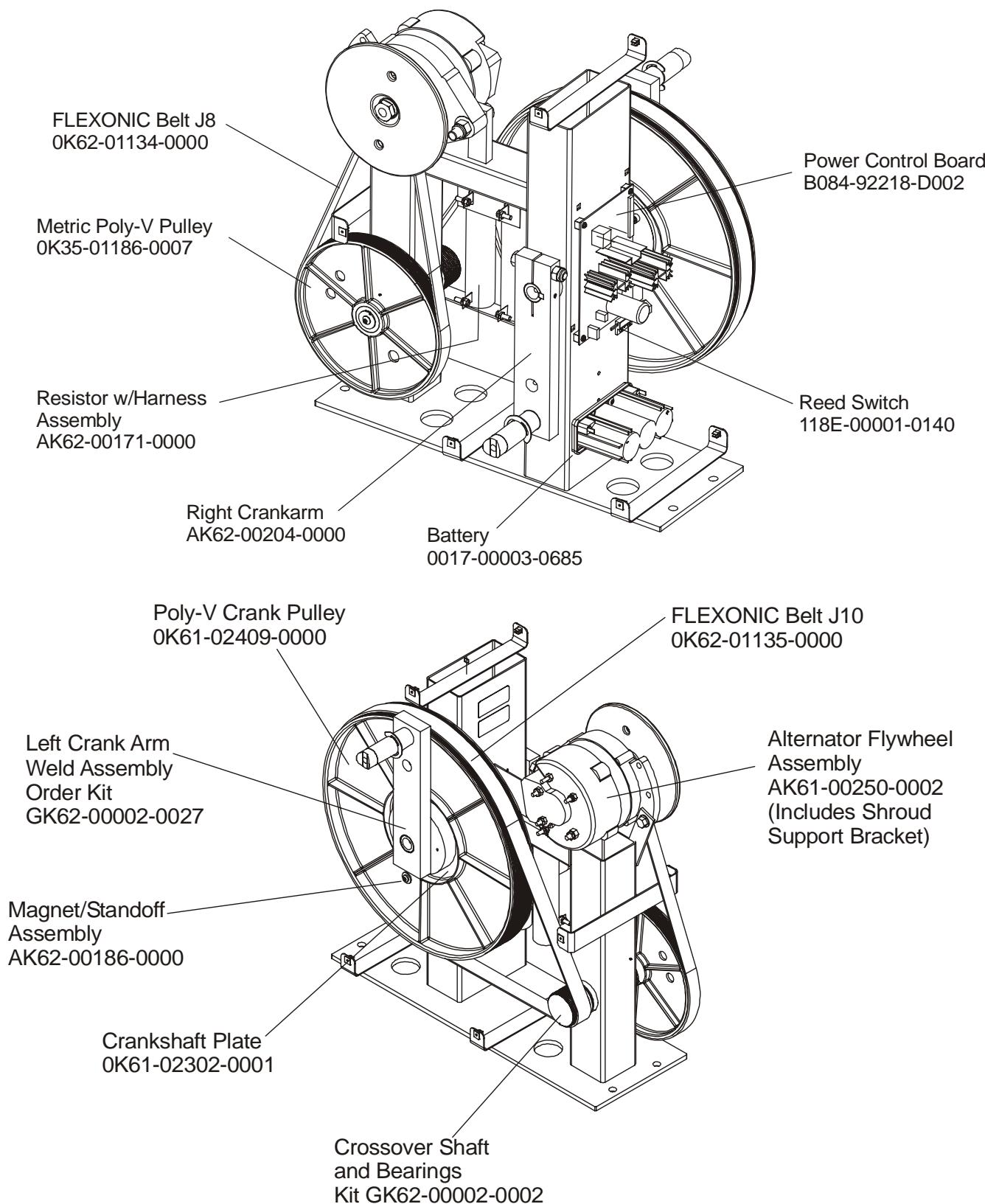
**90XW-0XXX-02**  
**S/N AWE100000 and UP**



Note: If replacing the Tie Rod Assembly or Crank Extension for the first time, order kit GK62-00002-0015. Both sides must be replaced simultaneously in this situation.

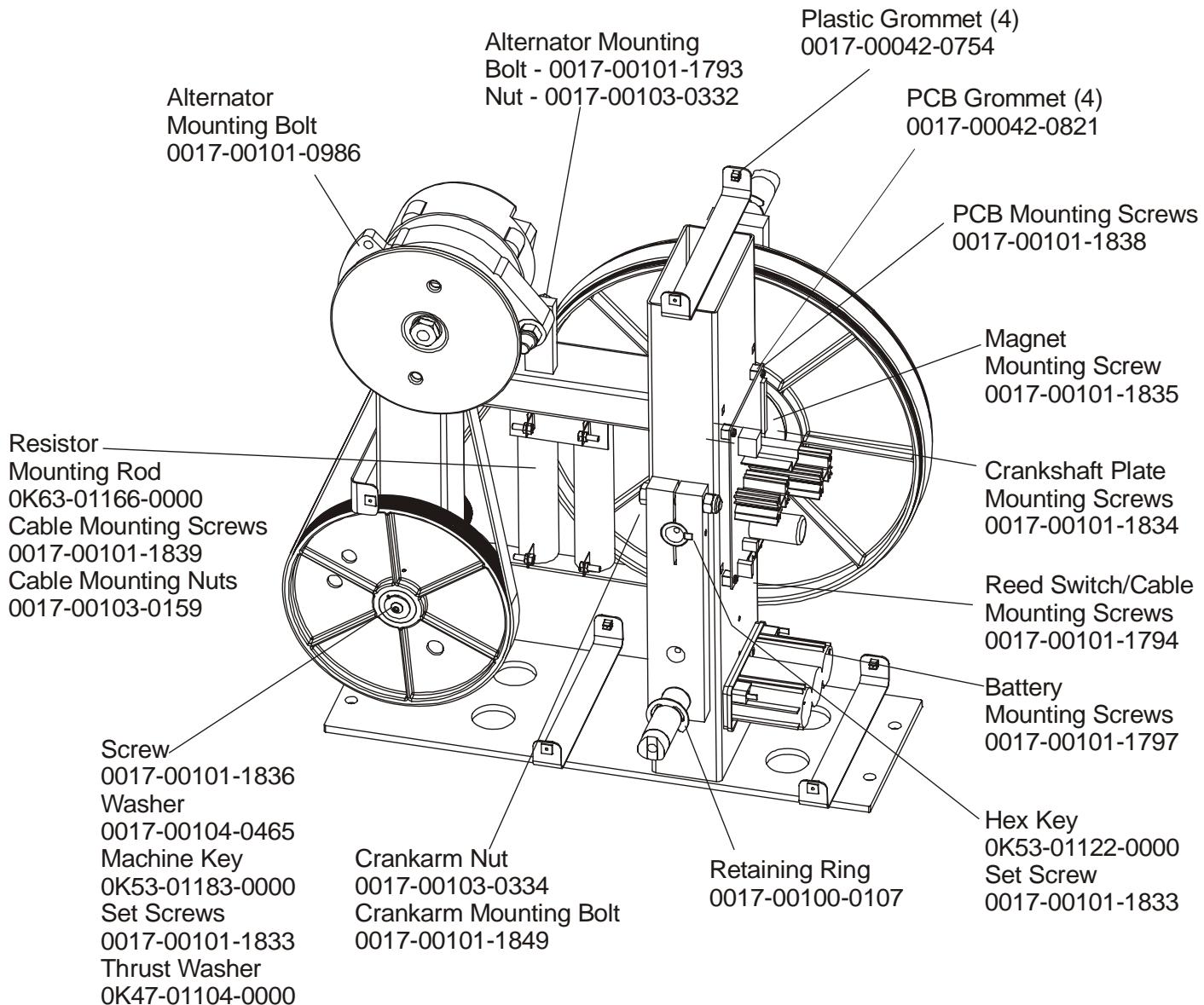
**ARCTIC SILVER 90XW**  
**Drive Module Components**

**90XW-0XXX-02**  
**S/N AWE100000 and UP**



**ARCTIC SILVER 90XW**  
**Drive Module Hardware**

**90XW-0XXX-02**  
**S/N AWE100000 and UP**



# **ARCTIC SILVER 90XW**

## **Cables**

**90XW-0XXX-02**  
**S/N AWE100000 and UP**

